

*Be aware that you are the business model of free online services*

Stay safe online



**Veiligheidsdienst  
Aruba**

**DON'TS:**

- ☒ Do not open attachments send via e-mail without first scanning it for virus, malware, spyware, Trojans etc. – even if you know the sender.
- ☒ Do not plug-in third-party USBs into work computers without first checking with your IT dep't.
- ☒ Do not connect to any and all public WI-FI
- ☒ Do not install mobile applications or software from untrusted sources

Additional online resources

Guidance on setting up two-factor authentication on popular online media and services, see <https://www.theverge.com/2017/6/17/15772142/how-to-set-up-two-factor-authentication>

6 steps to Better Security

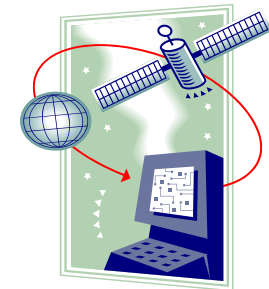
[www.lockdownyourlogin.org](http://www.lockdownyourlogin.org)

STOP.THINK.CONNECT campaign and materials

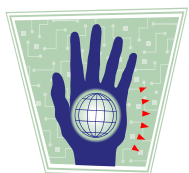
[www.stopthinkconnect.org](http://www.stopthinkconnect.org)

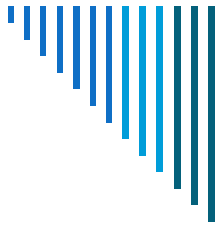


# Basic Cyber Security Hygiene



**For Technical &  
Non-Technical Readers**





## For Technical Readers

- Identify hardware and software in the network.
- Be better prepared against data leaks, intellectual property theft, espionage, financial crime by identifying the “crown jewels of information processes”
  - ⇒ establish data management (information rights management) policies;
  - ⇒ restrict access to confidential / sensitive data to only those employees who need to work with them;
  - ⇒ Review, revoke and renew access policies.
- Patch systems and automated processes – update your systems periodically to make sure the latest security patches are in place.
- Establish clear policies and procedures for employee use of your organization’s information technologies.
- Risk-driven approach; identify the potential risks to your company & how to mitigate these
- Provide awareness sessions (technical and non-technical) for and together with employees at all levels.
- Consider email alias policies that don’t give out employee’s full names.
- Back-up or copy sensitive and critical information and databases.

### Perform structurally

- ◆ Monitor, log, analyze, and report successful and attempted intrusions to your systems and networks.
- ◆ Have a continuity plan if a breach should happen in order to quickly recover to normal or basic operation functionality.
- ◆ Use adequate data encryption where possible and include procurement requirements for future services and systems.
- ◆ Use unique passwords across your services and devices (enhanced by a password manager).
- ◆ Limit remote access.
- ◆ If you need to work on a device away from the office;
  - ⇒ Use a privacy screen to prevent shoulder surfing.
  - ⇒ Store your laptop in a secure way, e.g. a safe.
- ◆ Be knowledgeable of your “zorgplichten” (Care obligations).
- ◆ Identify new or changes in information infrastructure dependencies and its effects in responsibilities.

### Additional reading

Framework for Improving Critical Infrastructure Cybersecurity ([www.nist.gov/sites/default/files/documents/cyberframework/cybersecurity-framework-021214.pdf](http://www.nist.gov/sites/default/files/documents/cyberframework/cybersecurity-framework-021214.pdf))

Holistic Management Of Employee Risk (HoMER) ([www.cpni.gov.uk/system/files/documents/da/00/Holistic-Management-of-Employee-Risk-HoMER-Executive-summary.pdf](http://www.cpni.gov.uk/system/files/documents/da/00/Holistic-Management-of-Employee-Risk-HoMER-Executive-summary.pdf))

STOP.THINK.CONNECT

([www.stopthinkconnect.org](http://www.stopthinkconnect.org))

Review of Cyber Hygiene practices ([www.enisa.europa.eu/publications/cyber-hygiene](http://www.enisa.europa.eu/publications/cyber-hygiene))

Cyber Hygiene posters

([www.enisa.europa.eu/media/multimedia/posters/cybersecurity-education-posters-2016/enisa-eduposters-en.pdf](http://www.enisa.europa.eu/media/multimedia/posters/cybersecurity-education-posters-2016/enisa-eduposters-en.pdf))



## For Non-Technical Readers

**Prevent online traces while surfing and working on the internet**

### DO's:

- \* Enable two-factor authentication password when possible
- \* Use anti-virus to check external drives (e.g. USB) before opening files on work computers
- \* Make sure you update your or automate your operating system
- \* Keep a clean machine – make sure you keep all your software and internet-connected devices up-to-date to reduce the risk of malware infection .
- \* Own your online presence – limit how much information you share on social media. Check your privacy and security settings regularly.
- \* Lock your screen when leaving your computer
- \* Consider using a paid Virtual Private Network (VPN) for enhanced secured connections
- \* Use unique passwords across services and devices (supported by a password manager)